LiveWell49 Monthly Coalition Meeting 11.29.23

Present: Heidi B, Joe S, Dick M, Amy Turner, Tess G, Barb O, Juanita B, Stella N, Billi T, Anna (LHC dietetic intern), Hanhah W & Laurie B

For 2024 scheduling: Wednesday good for some, same time every month helpful (W's @3:00 - 4:30)

Reviewed recent data: January thru September Park Co. 988 and EMS calls & We Will Park County 2023

• Discussed in small groups then de-briefed together

Data Observations/Reflections

- Ages
 - 65+ know to call 911, but not utilizing 988
 - 49-65 = high utilization of 988
 - This population is often 'middled' between raising kids and aging parents
 - Question re: 988 data = is the demographic data of the person calling or of the person they are calling about?
- Communication
 When co
 - When communications are missing or insufficient, it impacts sense of connection
 - Older folks are missing established sources of info = KPRK, daily paper
 - not on social media as much/at all
 - Everyone in the community could benefit from information sharing regarding the needs of others and/or available resources
- Diagnosis
 - High rate of opioid addiction
 - High rate of co-occurring mental health and substance use disorder
 - Clear community understanding and consensus regarding mental health as priority
- Questions we'd like to pursue
 - What kind of trend data can we find regarding mental health needs?
 - Are LW49 partners/community efforts having an impact?
 - What kinds of reflections might EMS and providers have regarding the increase in mental health needs
 - And are they getting the proper mental health training to meet the level of need in community either initially or ongoing?
 - Of those presenting with a high frequency of mental halth challenges, what can we understand about the prevalence of struggle amongst their parents (past history of trauma)?
 - How does private insurance data compare to Medicaid (public) data?
 - For those reflecting on lack of community involvement due to lack of time . . .
 - How do we support people in our communities to have a more balanced life?
 - Recognize many are working multiple jobs, lack of child care
 - Can provide child care at events
 - What are communities doing that have better outcomes/lower rates of mental health struggle?
 - Can we get law enforcement to LW49 meetings?
 - What do we know about the number of homeless people in Park County?
 - HRDC recently referenced 45 people not certain of what's included (insecurity?)

For future analysis: ASPEN Crisis Line info (700+ calls in 2023)